

SALUS SAFETY

Meet Rosie

Your Getting-Started Workbook

Five 1-minute activities to learn the basics of your SALUS AI safety assistant. Check each box as you complete it — your progress is saved right in this PDF.

Section: AI & Rosie

Source: Meet Rosie — SALUS Help Center

Estimated time: 5 minutes

What Is Rosie?

Rosie is a smart AI assistant built into SALUS that answers questions using your own safety data. Think of her as a knowledgeable teammate who is available any time — no special commands needed.

WHAT CAN ROSIE HELP WITH?

- Spot incident trends
- Identify common hazards
- Summarize safety activity across sites
- Highlight areas needing attention



How to Maximize Value

Give your feedback directly in product using the thumbs up / thumbs down buttons — it's the fastest way to make Rosie better for your team.

Five 1-minute activities. Click the checkbox as you complete each one — your progress is saved right in this PDF.

ACTIVITY 1 Ask Rosie a Question

Open Rosie and ask her something in plain language about your site — e.g. “What forms were submitted this week?”

Tip

Be specific and direct about what you want to know.

ACTIVITY 2 Start a New Chat

Open a brand-new chat for a different topic instead of continuing the one above.

Tip

One topic per chat keeps Rosie's context clean.

ACTIVITY 3 Name a Module

Ask a question that names a SALUS module directly — e.g. “In the Documents module, which safety plans were updated this month?” or “In the Forms module, how many forms were submitted on-site last week?”

Tip

Naming a specific module helps Rosie pull from the right place and give you a sharper answer.

ACTIVITY 4 Try a Pre-Set Task

Open a new Rosie chat and look for the pre-set tasks built into the product. Choose one that's relevant to your work and run it. See what Rosie surfaces and whether it matches your expectations.

Tip

Pre-set tasks are a great starting point for getting comfortable with how Rosie structures her answers.

ACTIVITY 5 Give Feedback

Rate one of Rosie's answers with the thumbs up or thumbs down button. If you want more detail, try a follow-up in the same chat — e.g. “Can you break that down by site?” or “Show me just the last 7 days.”

Tip

Follow-up questions in the same chat are one of the fastest ways to refine Rosie's answer without starting over.

RESOURCES

- [AI & Rosie Help Center — articles, the Prompt Library, and more](#)
- [Rosie Prompt Library — ready-to-use prompts for common safety tasks](#)
- [Contact SALUS Support — chat, phone, and email](#)